Comments from Rick Bartoskewitz, BNSF
That’s the earliest version of the Ft Worth “Mixmaster” southeast of downtown Ft Worth where Interstate 35W crosses Interstate 30. Photographer’s perspective is north of the freeway interchange looking south. IH-35W is on the left-hand side of the photo.

Check out the first B&W photo and discussion at this web link under "The Original Pretzel": http://www.texasfreeway.com/Dallas/photos/i35w/i35w.shtml

Based on commentary on the web site, would assume your picture was taken 1957-1958 (just a guess).

Railroad track that runs east/west in the foreground, crossing over IH-35W on a railroad overpass immediately south of the "under construction" freeway interchange, is Texas & Pacific Rwy (later Missouri Pacific, now Union Pacific). Tracks running north/south parallel to IH-35W approx 1-2 blocks west of IH-35W are the MKT Railroad (closest to IH-35W); AT&SF Rwy (now BNSF); then Southern Pacific RR on the far right.

The railroad terminal facilities at right center of photo are the Southern Pacific RR "Broadway St Yard". I think it’s all gone now -- abandoned in the late-90’s soon after UP merged with SP.

The small, dark-colored structure in the upper left-hand (or southeast) quadrant of the xing of the north/south and east/west railroad lines is the famous "Tower 55" -- well at least it’s famous among railroad people, but maybe not so famous among highway people! It was the 24x7 manned interlocking tower that controlled all rail movements through the mess of railroad tracks where all these different lines crossed at grade and connected with each other. The tower is still there today, owned by UP, but it no longer dispatches trains through the crossing.

I believe the grain elevator complex in the upper right-hand corner of the photo is still there today. The MKT RR had large railroad terminal (Ney Yard) immediately east of these grain elevators -- that’s all UP Railroad now.

This area has undergone many changes over the years, and especially during the last 10-15 years. It looks very different now -- both the railroads and the highways.